



Newsletter

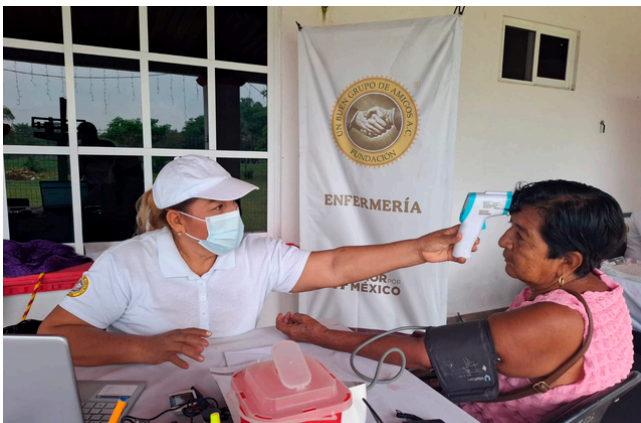
DECEMBER 2025

#LOVE FOR
MEXICO

“Prepare today to protect health tomorrow”

International Epidemic Preparedness Day seeks to raise awareness about the importance of prevention, preparedness, and timely response to health emergencies that can put the health of the population and the well-being of communities at risk.

At Un Buen Grupo de Amigos, we are aware that early care and prevention are essential to reducing the impact of potential outbreaks. Through our Free Medical Care Days, we contribute to strengthening community health by promoting access to medical services and timely detection.



During **December**

We remain steadfast in our commitment to provide medical care to the most underserved communities through our Free Medical Care Days. This month, thanks to our dedication and collective effort, we achieved the following:

- 9 locations in 1 municipality in the state of Campeche
- 6 locations in 3 municipalities in the state of Chiapas
- 19 locations in 4 municipalities in the state of Veracruz
- 6 locations in 3 municipalities in the state of Puebla
- 23 locations in 6 municipalities in the state of Tabasco

Thanks to our teamwork, we provided assistance in family medicine, dentistry, nutrition, cancer screenings with mammograms, and health promotion workshops to help communities stay healthy.



Our **impact**

The Free Medical Care Days through Mobile Medical Units in the month of december attended to 6,500 people in 5 states of Mexico.

Campeche

801	Family medical consultations
1,265	Dental interventions
211	Ultrasound and electrocardiograms
58	Breast cancer screenings

Chiapas

634	Family medical consultations
1,310	Dental interventions
86	Ultrasound and electrocardiograms

Puebla

584	Family medical consultations
3,788	Dental interventions
60	Ultrasound and electrocardiograms

Veracruz

1,148	Family medical consultations
477	Dental interventions
84	Ultrasound and electrocardiograms

Tabasco

2,341	Family medical consultations
3,573	Dental interventions
452	Ultrasound and electrocardiograms
501	Breast cancer screenings

Recognition of our

#LoveforMexico



"I can't always afford a consultation, and here they treated me very well. I'm leaving feeling very peaceful and grateful for the help."

Karla P.

(Name assigned to protect patient's privacy)

Thank you very much for helping us. You take very good care of us, and we hope you come back soon.

Pablo I.

(Name assigned to protect patient's privacy)



Thank you very much for your attention. You treated us with respect and kindness. Thank you for supporting us.

Pamela C.

(Name assigned to protect patient's privacy)



Thank you very much. Your visit was very important to us. We hope you come back soon.

Samuel H.

(Name assigned to protect patient's privacy)



Be part of our mission



If you are looking for a way to make a real difference in the lives of vulnerable communities in Mexico, we invite you to consider making a donation to our free medical care days. Your contribution, no matter its size, can make a significant impact on the health of each individual. Make your donation through our website: www.ubga.org.mx/donations, or make a **DIRECT** donation with the following reference:

Firm name:

Un Buen Grupo de Amigos, A.C.

Clabe:

012650001990359826

Account number:

0199035982

Bank:

BBVA Bancomer

SWIFT/BIC:

BCMRMXMMPYM

(International deposits)

If you reside abroad, you can make a direct donation using the **SWIFT/BIC** reference provided above, or through the [GlobalGiving](https://www.globalgiving.org) platform to obtain your tax-deductible receipt.



We working in **alliance** with:



GlobalGiving

**Special thanks for
your generosity!**

Your donation has made it possible for us to continue providing medical assistance to our communities. Your support has been essential in improving the health and well-being of those who need it the most.

Thank you again for making a difference in Mexico!



Certifications and authorizations

Nationals

- Member of the Mexican Center for the Philanthropy
- Accreditation in Organization and Transparency
- Certificate of Capacity, Quality, and Security for Medical Care, issued by the Coordination for Quality and Education in Health, from the Health Ministry of the state of Puebla
- Authorized grantee for deductible national donations. Last publication DOF January 03rd 2025
- Authorized grantee for deductible international donations. Last publication DOF January 03rd 2025



International

- Trace Anti-Bribery Compliance Solution Trace Certification ID: tc7162-5416
- Member of Global Giving
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