



Newsletter

JANUARY 2026

LOVE FOR
MEXICO

“2026: A new beginning to **continue making a difference**”

2026 opens the door to new beginnings and more opportunities to change realities. Each new year is an invitation to bring hope and medical care to communities in Mexico that need it most.

Through our Free Healthcare Days, we continue to provide medical and dental consultations, diagnostic tests, medications, and health promotion workshops.

None of this would be possible without your support. Thank you for being part of this #LoveForMexico and for helping us continue to transform lives.



During **January**

We remain steadfast in our commitment to provide medical care to the most underserved communities through our Free Medical Care Days. This month, thanks to our dedication and collective effort, we achieved the following:

- 11 localities in 1 municipality in the state of Campeche
- 9 localities in 3 municipalities in the state of Chiapas
- 13 localities in 2 municipalities in the state of Tlaxcala
- 13 localities in 3 municipalities in the state of Puebla
- 38 localities in 17 municipalities in the state of Tabasco

Thanks to our teamwork, we provided assistance in family medicine, dentistry, nutrition, cancer screenings with mammograms, and health promotion workshops to help communities stay healthy.



Our **impact**

The Free Medical Care Days through Mobile Medical Units in the month of January attended to 8,474 people in 5 states of Mexico.

Campeche

952	Family medical consultations
1,500	Dental interventions
233	Ultrasound and electrocardiograms
101	Breast cancer screenings

Chiapas

952	Family medical consultations
1,623	Dental interventions
87	Ultrasound and electrocardiograms

Puebla

1,056	Family medical consultations
2,810	Dental interventions
54	Ultrasound and electrocardiograms

Tlaxcala

3,790	Dental interventions
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Tabasco

3,973	Family medical consultations
4,458	Dental interventions
313	Ultrasound and electrocardiograms
259	Breast cancer screenings

Recognition of our

#LoveforMexico



Sometimes one appointment isn't enough, and here they treat us with great respect. I leave feeling calm and very grateful.

Perla C.

(Name assigned to protect patient's privacy)

"Thank you for your help and for treating us so kindly. We look forward to seeing you again."

Ignacio H.

(Name assigned to protect patient's privacy)



"They treated us with respect and great kindness. Thank you for coming to support us."

Carmen P.

(Name assigned to protect patient's privacy)



Thank you so much for coming. It meant a lot to us that you were here.

Pablo T.

(Name assigned to protect patient's privacy)



Be part of our mission



If you are looking for a way to make a real difference in the lives of vulnerable communities in Mexico, we invite you to consider making a donation to our free medical care days. Your contribution, no matter its size, can make a significant impact on the health of each individual. Make your donation through our website: www.ubga.org.mx/donations, or make a **DIRECT** donation with the following reference:

Firm name:

Un Buen Grupo de Amigos, A.C.

Clabe:

012650001990359826

Account number:

0199035982

Bank:

BBVA Bancomer

SWIFT/BIC:

BCMRMXMMPYM

(International deposits)

If you reside abroad, you can make a direct donation using the **SWIFT/BIC** reference provided above, or through the [GlobalGiving](https://www.globalgiving.org) platform to obtain your tax-deductible receipt.



We working in **alliance** with:



GlobalGiving

**Special thanks for
your generosity!**

Your donation has made it possible for us to continue providing medical assistance to our communities. Your support has been essential in improving the health and well-being of those who need it the most.

Thank you again for making a difference in Mexico!



Certifications and **authorizations**

Nationals

- Member of the Mexican Center for the Philanthropy
- Accreditation in Organization and Transparency
- Certificate of Capacity, Quality, and Security for Medical Care, issued by the Coordination for Quality and Education in Health, from the Health Ministry of the state of Puebla
- Authorized grantee for deductible national donations. Last publication DOF January 09, 2026
- Authorized grantee for deductible international donations. Last publication DOF January 09, 2026



International

- Trace Anti-Bribery Compliance Solution Trace Certification ID: tc7162-5416
- Member of Global Giving
- Certificate of credibility by D&B Record number 812799196



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