



# UBGA

Annual Report 2025



[www.ubga.org.mx](http://www.ubga.org.mx)

#LOVE FOR MEXICO



We deliver **HEALTH**, we sow **CHANGE**, we are driven by their **JOY**.

## Mission

Promote a positive mindset, seeking to drive change aimed at improving our communities, while fostering values that support the comprehensive development and quality of life of individuals.

## Vision

Integrate the efforts and talents of individuals committed to working professionally to improve the quality of life of vulnerable groups and to foster the development of communities.

Get to know us :



**Values** **UBGA**



self-esteem



*Constancy*  *ethics and honesty*

**# LOVE FOR MEXICO**

Self-education



Discipline

Appreciate life

Effort Responsibility

*Gratitude*

Modesty



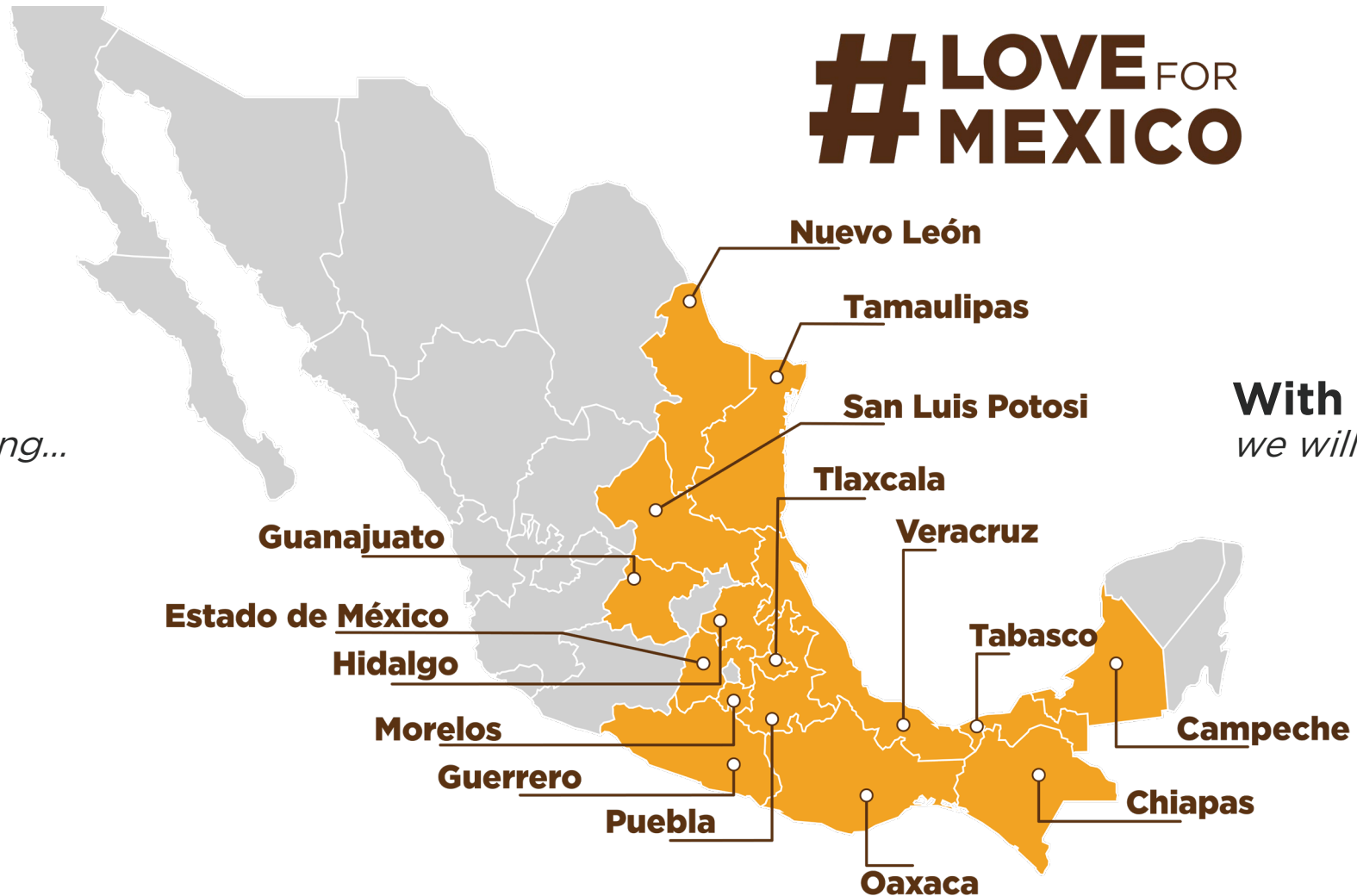
*Stake*

We deliver **health**

**#LOVE** FOR  
**#MEXICO**

**15 states**  
*and counting...*

**With your support**  
*we will go further.*



# Message from the **Board of Directors**

Dear beneficiaries, collaborators, allies, and donors:

We present our **2025 Annual Report** with the conviction that has guided **Un Buen Grupo de Amigos, A.C.** for more than 20 years: **to place our training, professional vocation, and social responsibility at the service of Mexico**, contributing to improving the quality of life of the people, families, and communities who need it most.

At UBGA, we work every day with **discipline, order, and quality**. We do so with great **#LoveForMexico**, understanding that serving well and on time requires **commitment, preparation, coordination, and deep respect** for every beneficiary.

During 2025, our **humanitarian programs in health and education** continued to be implemented directly in communities. Through our **Free Medical Care Brigades, Children's Health Brigades, and Free Medical Care with Mammography Brigades**, we provided comprehensive, professional, and compassionate care. However, we understand that UBGA's impact is not limited to the care delivered in the moment, but also to the **knowledge that remains**.

For this reason, **#SelfEducation** has been, since our beginnings, an essential part of how we work. Through our **Health Promotion Workshops**, we encourage self-care, prevention, hygiene, and healthy habits, sharing practical information that empowers individuals to better care for their own health and that of their families. When a person adopts healthier habits, identifies risks, or makes more informed decisions, the benefit of the program continues even after our presence in the community.

Likewise, through the **Health Support Management Program**, we support patients and families with specific assistance that helps them regain **mobility, autonomy, and hope**. All our programs are carried out in an integrated manner, under **strict operational protocols** and in compliance with applicable regulations. Their continuity is made possible thanks to the **trust and generosity of our donors, partners, and friends**.

# Message from the **Board of Directors**

In 2025, we also responded to the impact of natural disasters. We were present in **Reynosa, Tamaulipas**, following the floods; we served communities in the **Sierra Norte of Puebla** and municipalities in **Veracruz** affected by the October rains; and we returned to communities in **Guerrero** that continue to face the consequences of Hurricane Otis. UBGA strives to be present with **respect, coordination, and responsibility**, supporting recovery processes beyond the immediate emergency phase.

In every intervention, we work in coordination with the relevant authorities, in compliance with official protocols, and with the commitment to provide **dignified, safe care aligned with established guidelines**. We understand that our work is one link in a broader chain of public, social, community, and solidarity efforts. From that position, we carry out our work with **responsibility, integrity, and commitment**.

Those of us who are part of UBGA understand that this work goes beyond any single profession or role. We are a team that **works, cares for one another, learns, and improves together**, convinced that every well-executed action can generate well-being, strengthen capabilities, and open new opportunities for beneficiaries.

Thank you for allowing us to continue serving with **#AppreciationForLife**, promoting **#SelfEducation**, and strengthening **#SelfEsteem**. On behalf of UBGA's Board of Directors, thank you for being part of this effort and for trusting an organization that strives every day to **do what is right—and to do it well**.

Sincerely,

*Francisco Ayala H.*

Chairman of the Board of Directors

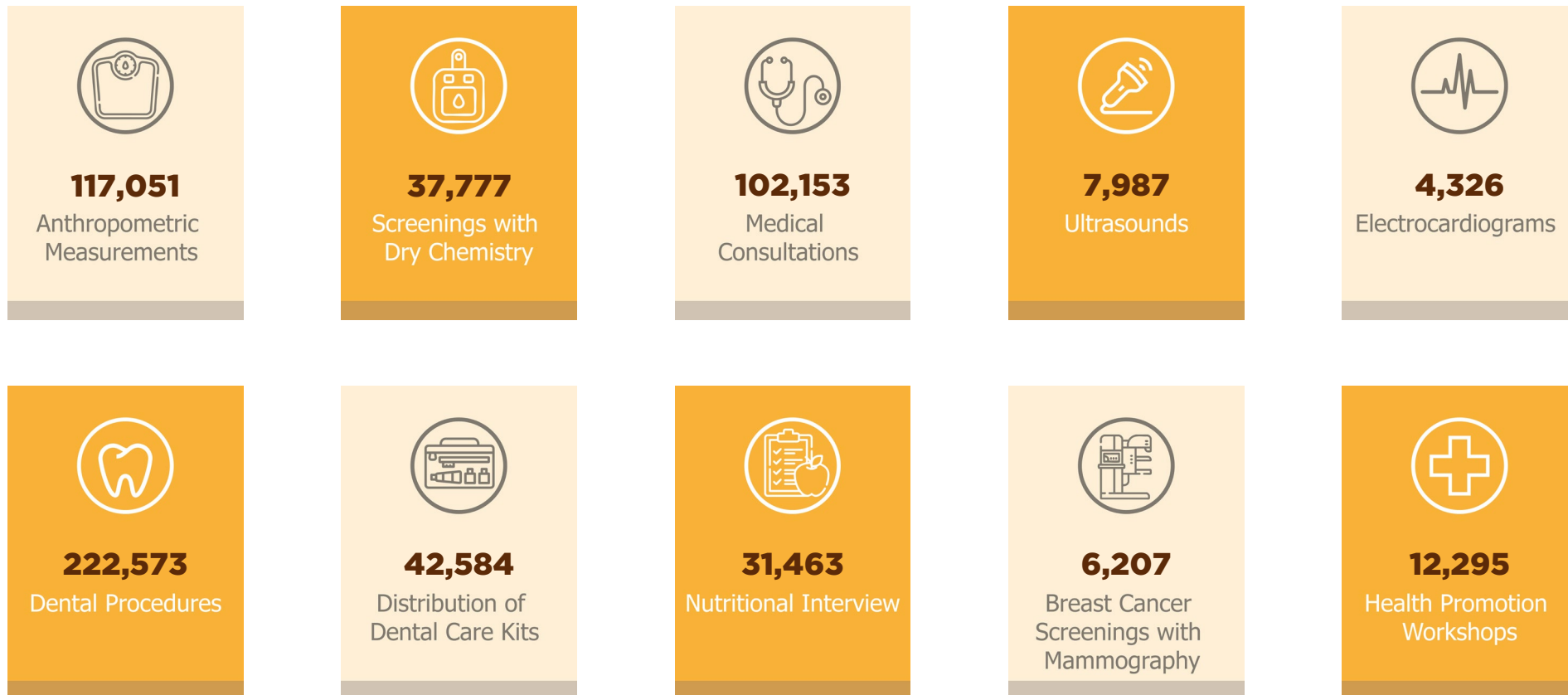
# Objectives

- Carry out activities aimed at implementing cooperation programs for **community development**.
- Conduct actions to provide **health services, medical assistance, and support instruments** for the care of socially disadvantaged groups, individuals with disabilities, and other people in **vulnerable situations**.
- Undertake actions focused on social guidance, **job training, and the promotion of self-employment**.
- Implement initiatives that encourage **self-employment**.



# Goals **2025**

We were able to reach **86 municipalities** across the Mexican Republic, directly benefiting **117,051 people**.





**Free Medical Care  
Days**

# Free Medical Care Days

## Goals 2025



# Free Medical Care Days

## Tabasco



**49,561**

Medical Consultations



**34,409**

Blood Pressure Screenings



**50,476**

Anthropometric Measurements



**19,182**

Screenings with Dry Chemistry



**117,019**

Medications Delivered



**1,994**

Electrocardiograms



**2,641**

Ultrasounds



**16,960**

Nutritional Interview



**13,977**

Dental Consultations



**72,110**

Dental Procedures



**14,364**

Distribution of Dental Care Kits



**5,140**

Health Promotion Workshops



“During 264 days of operation, we provided free medical care in 321 localities across 17 municipalities in the state of Tabasco.”



# Free Medical Care Days Chiapas



**6,999**

Medical  
Consultations



**4,578**

Blood Pressure  
Screenings



**7,045**

Anthropometric  
Measurements



**4,147**

Screenings with  
Dry Chemistry



**18,490**

Medications Delivered



**385**

Electrocardiograms



**432**

Ultrasounds



**1,926**

Nutritional Interview



**3,110**

Dental  
Consultations



**12,570**

Dental Procedures



**2,861**

Distribution of  
Dental Care Kits



**809**

Health Promotion  
Workshops



“During 170 days of operation, we provided free medical care in 48 localities across 4 municipalities in the state of Chiapas.”



# Free Medical Care Days Campeche



**12,020**

Medical  
Consultations



**7,937**

Blood Pressure  
Screenings



**13,305**

Anthropometric  
Measurements



**5,307**

Screenings with  
Dry Chemistry



**29,262**

Medications Delivered



**528**

Electrocardiograms



**702**

Ultrasounds



**4,377**

Nutritional Interview



**4,274**

Dental  
Consultations



**19,185**

Dental Procedures



**4,259**

Distribution of  
Dental Care Kits



**1,543**

Health Promotion  
Workshops



“During 238 days of operation, we provided free medical care in 31 localities across 1 municipality in the state of Campeche.”



# Free Medical Care Days Hidalgo



**2,766**

Medical Consultations



**2,259**

Blood Pressure Screenings



**2,775**

Anthropometric Measurements



**972**

Screenings with Dry Chemistry



**4,973**

Medications Delivered



**143**

Electrocardiograms



**158**

Ultrasounds



**1,634**

Nutritional Interview



**668**

Dental Consultations



**5,732**

Dental Procedures



**666**

Distribution of Dental Care Kits



**296**

Health Promotion Workshops



“During 54 days of operation, we provided free medical care in 37 localities across 7 municipalities in the state of Hidalgo.”



# Free Medical Care Days Puebla



**21,194**

Medical Consultations



**9,993**

Blood Pressure Screenings



**13,754**

Anthropometric Measurements



**5,245**

Screenings with Dry Chemistry



**24,265**

Medications Delivered



**835**

Electrocardiograms



**1,024**

Ultrasounds



**3,049**

Nutritional Interview



**5,208**

Dental Consultations



**25,910**

Dental Procedures



**5,370**

Distribution of Dental Care Kits



**1,561**

Health Promotion Workshops



“During 245 days of operation, we provided free medical care in 220 localities across 41 municipalities in the state of Puebla.”



# Free Medical Care Days Tamaulipas



**1,838**

Medical  
Consultations



**1,326**

Blood Pressure  
Screenings



**1,847**

Anthropometric  
Measurements



**577**

Screenings with  
Dry Chemistry



**4,156**

Medications Delivered



**71**

Electrocardiograms



**86**

Ultrasounds



**1,020**

Nutritional Interview



**374**

Dental  
Consultations



**3,618**

Dental Procedures



**374**

Distribution of  
Dental Care Kits



**219**

Health Promotion  
Workshops



“During 37 days of operation, we provided free medical care in 29 localities across 4 municipalities in the state of Tamaulipas.”



# Free Medical Care Days Veracruz



**7,341**

Medical  
Consultations



**5,667**

Blood Pressure  
Screenings



**8,807**

Anthropometric  
Measurements



**2,240**

Screenings with  
Dry Chemistry



**13,472**

Medications Delivered



**360**

Electrocardiograms



**301**

Ultrasounds



**655**

Nutritional Interview



**1,518**

Dental  
Consultations



**11,854**

Dental Procedures



**2,438**

Distribution of  
Dental Care Kits



**655**

Health Promotion  
Workshops



“During 103 days of operation, we provided free medical care in 101 localities across 5 municipalities in the state of Veracruz.”



# Free Medical Care Days

## San Luis Potosí



**434**

Medical Consultations



**350**

Blood Pressure Screenings



**436**

Anthropometric Measurements



**102**

Screenings with Dry Chemistry



**796**

Medications Delivered



**10**

Electrocardiograms



**29**

Ultrasounds



**204**

Nutritional Interview



**59**

Dental Consultations



**657**

Dental Procedures



**169**

Distribution of Dental Care Kits



**44**

Health Promotion Workshops



“During 6 days of operation, we provided free medical care in 4 localities across 1 municipality in the state of San Luis Potosí.”





#AMOR POR MÉXICO



Este programa se realiza con las donaciones que en efectivo y en especie realizan personas, empresas, organizaciones nacionales y del extranjero para ayudarte a ti y a tu comunidad a mejorar tu calidad de vida. Este programa es gratuito y no contiene dinero público, de gobiernos o partidos políticos.

UNIDAD MÓVIL MASTOGRAFÍA  
Chécate tócate, cuidate



UBGA te CUIDA

www.ubga.org.mx



# Free Medical Care Days with Mammography

# Free Medical Care Days with Mammography Metas 2025



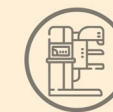
**6,347**  
Blood Pressure  
Screenings



**6,334**  
Anthropometric  
Measurements



**2,614**  
Breast Cancer  
Screenings with  
Ultrasound



**6,207**  
Breast Cancer  
Screenings with  
Mammography



**913**  
Health Promotion  
Workshops

# Free Medical Care Days with Mammography Tabasco



**4,732**

Blood Pressure  
Screenings



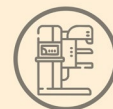
**4,732**

Anthropometric  
Measurements



**1,595**

Breast Cancer  
Screenings with  
Ultrasound



**4,607**

Breast Cancer  
Screenings with  
Mammography



**478**

Health Promotion  
Workshops



“Durante 120 días de operación, las Jornadas de Atención Médica Gratuita con Mastografía, brindamos atención preventiva a 4,732 mujeres en el estado de Tabasco.”



# Free Medical Care Days with Mammography Campeche



**1,615**

Blood Pressure  
Screenings



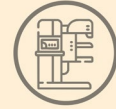
**1,602**

Anthropometric  
Measurements



**1,019**

Breast Cancer  
Screenings with  
Ultrasound



**1,600**

Breast Cancer  
Screenings with  
Mammography



**435**

Health Promotion  
Workshops



“During 150 days of operation, the Free Medical Care Campaign with Mammography provided preventive care to 1,602 women in the state of Campeche.”





**Children's Health  
Days**

# Children's Health Days

## Metas 2025



**4,127**

Blood Pressure  
Screenings



**12,272**

Anthropometric  
Measurements



**70,937**

Dental Procedures



**12,192**

Dental  
Consultations



**1,115**

Health Promotion  
Workshops



**12,083**

Distribution of  
Dental Care Kits



**2,457**

Medications Delivered

# Children's Health Days Puebla



**1,420**

Blood Pressure  
Screenings



**8,292**

Anthropometric  
Measurements



**46,835**

Dental Procedures



**8,263**

Dental  
Consultations



**558**

Health Promotion  
Workshops



**8,238**

Distribution of  
Dental Care Kits



**1,571**

Medications Delivered



“During 227 days of operation, we provided free medical care to 8,292 girls and boys in the state of Puebla through the Children’s Health Campaigns.”



# Children's Health Days Guerrero



**1,552**

Blood Pressure  
Screenings



**2,314**

Anthropometric  
Measurements



**12,924**

Dental Procedures



**2,289**

Dental  
Consultations



**350**

Health Promotion  
Workshops



**2,214**

Distribution of  
Dental Care Kits



**489**

Medications Delivered



“During 60 days of operation, we provided free medical care to 2,314 girls and boys in the state of Guerrero through the Children's Health Campaigns.”



# Children's Health Days Morelos



**1,155**

Blood Pressure  
Screenings



**1,166**

Anthropometric  
Measurements



**11,178**

Dental Procedures



**1,640**

Dental  
Consultations



**207**

Health Promotion  
Workshops



**1,631**

Distribution of  
Dental Care Kits



**397**

Medications Delivered



“During 41 days of operation, we provided free medical care to 1,166 girls and boys in the state of Morelos through the Children’s Health Campaigns.”



# SUSTAINABLE DEVELOPMENT GOALS

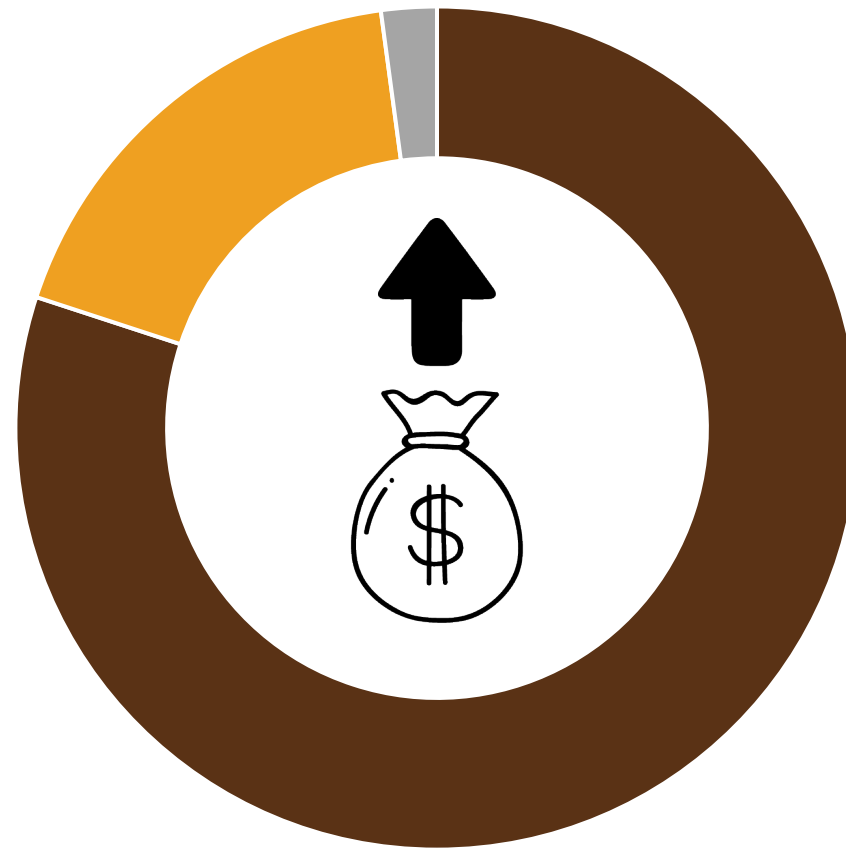
All our programs are founded on the achievement of the United Nations' first Sustainable Development Goal: the eradication of poverty.

The UBGA Social programs are aligned with the achievement of the third goal: Good Health and Well-Being. Our programs in this area include the Free Medical Care Campaigns and the Health Promotion Program — Joining Efforts.

Meanwhile, the UBGA Economic programs are aligned with the fourth goal: Quality Education. These programs include: I Employ Myself, Generating Synergies, Productive Assistance, Observe, Learn, and Act, and Life Opportunities.

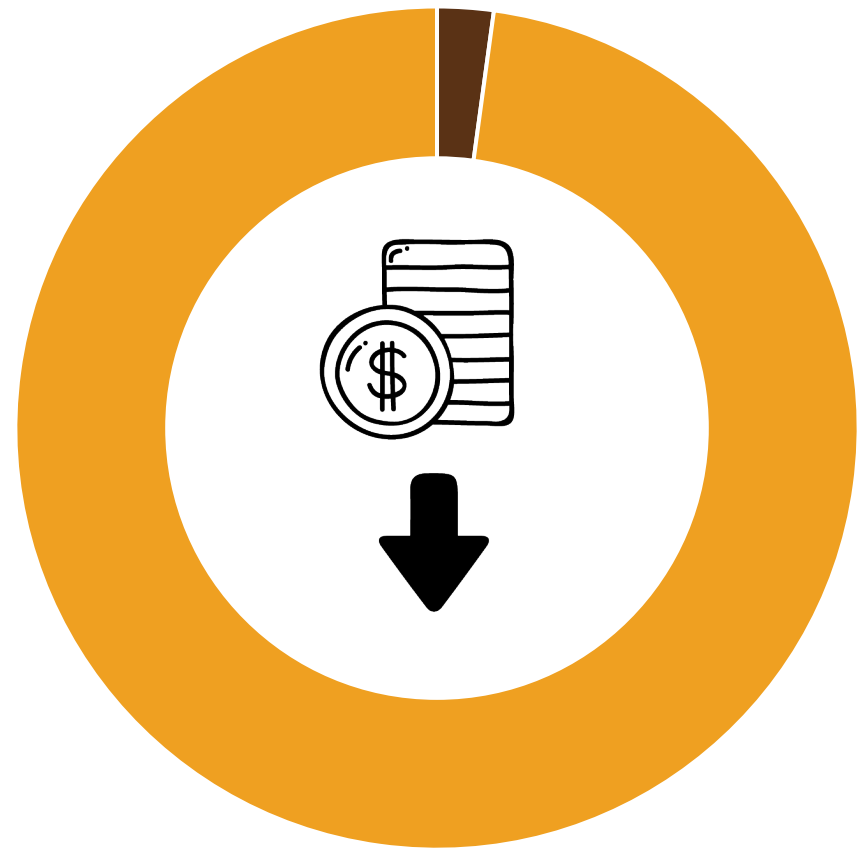


# Ingresos 2025



■ Other Income 80.03%   ■ National Cash Donations 17.84%   ■ Foreign Cash Donations 2.13%

# Egresos 2025



■ Administrative Expenses 2.16%    ■ Operational Expenses 97.84%



**CERTIFIED**  
ID: TC7162-5416



**INSTITUCIONALIDAD  
Y TRANSPARENCIA**  
Cemefi



SECRETARÍA  
**SALUD**  
SERVICIOS DE SALUD DEL  
ESTADO DE PUEBLA  
GOBIERNO DE PROGRESOS



**DIARIO OFICIAL  
DE LA FEDERACION**  
ORGANO DEL GOBIERNO CONSTITUCIONAL DE LOS ESTADOS UNIDOS MEXICANOS  
09 January 2026  
National and  
International  
Authorized Donee



# Certifications and Authorizations

National and international  
accreditations



# Contact **UBGA**

LEGAL NAME

**UN BUEN GRUPO DE AMIGOS, A.C.**

START OF OPERATIONS

**17 DE MARZO DE 2005**

DATE OF INCORPORATION

**17 DE OCTUBRE DEL 2011**

PHONE NUMBER

**+52 222 211 27 88**

R.F.C.

**UBG111017M91**

CLUNI

**UBG1110172101A**

AUTHORIZED NATIONAL AND FOREIGN DONEE

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 [Fundación Un Buen Grupo de Amigos, A. C.](https://www.youtube.com/channel/UC...)

[www.ubga.org.mx](http://www.ubga.org.mx)