



Newsletter

SEPTEMBER 2025

United for health: strategies for a better quality of life

For Un Buen Grupo de Amigos, National Public Health Week is a key date that reinforces its commitment to promoting health and preventing disease. Through its Mobile Medical Units, the Foundation helps bring free healthcare services to communities that need them most, promoting early detection, health education, and comprehensive care.

This commemoration invites us to reflect on the importance of working together to improve health conditions in Mexico. At UBGA, we believe that collaboration between institutions, professionals, and civil society is essential to building a healthier country, where every person has access to decent, quality medical services.



During September

We remain steadfast in our commitment to provide medical care to the most underserved communities through our Free Medical Care Days. This month, thanks to our dedication and collective effort, we achieved the following:

- 11 locations in 1 municipality in the state of Campeche
- 8 locations in 1 municipality in the state of Morelos
- 10 locations in 2 municipalities in the state of Chiapas
- 19 locations in 1 municipality in the state of Veracruz
- 21 locations in 9 municipalities in the state of Puebla
- 34 locations in 10 municipalities in the state of Tabasco

Thanks to our teamwork, we provided assistance in family medicine, dentistry, nutrition, cancer screenings with mammograms, and health promotion workshops to help communities stay healthy.



Our **impact**

The Free Medical Care Days through Mobile Medical Units in the month of september attended to 11,905 people in 6 states of Mexico.

Campeche

- 954** Family medical consultations
- 1,402** Dental interventions
- 232** Ultrasound and electrocardiograms
- 125** Breast cancer screenings

Morelos

- 5,852** Dental interventions

Chiapas

- 886** Family medical consultations
- 1,522** Dental interventions
- 80** Ultrasound and electrocardiograms

Puebla

- 812** Family medical consultations
- 6,895** Dental interventions
- 55** Ultrasound and electrocardiograms

Tabasco

- 3,814** Family medical consultations
- 4,576** Dental interventions
- 541** Ultrasound and electrocardiograms
- 856** Breast cancer screenings

Veracruz

- 1,347** Family medical consultations
- 2,469** Dental interventions
- 90** Ultrasound and electrocardiograms

Recognition of our

#LoveforMexico



"I hardly ever go to the doctor because I'm afraid, but thanks to them I can get my tests done and feel at ease. God bless them for coming here to help us."

Juana R.

(Name assigned to protect patient's privacy)

"I thank you with all my heart for coming and helping us. You always treat us well. It will be a pleasure to see you again when you return."

Juan M.

(Name assigned to protect patient's privacy)



"I am very grateful. They took good care of us, the doctors were kind, and they treated us with respect. Thank you very much for coming here."

Carmen L.

(Name assigned to protect patient's privacy)

"Thank you so much for coming. You arrived just when I needed you most. I hope you come back soon, because your help means a lot to us."

Jesús E.

(Name assigned to protect patient's privacy)



Be part of our mission



If you are looking for a way to make a real difference in the lives of vulnerable communities in Mexico, we invite you to consider making a donation to our free medical care days. Your contribution, no matter its size, can make a significant impact on the health of each individual. Make your donation through our website: www.ubga.org.mx/donations, or make a **DIRECT** donation with the following reference:

Firm name:

Un Buen Grupo de Amigos, A.C.

Clabe:

012650001990359826

Account number:

0199035982

Bank:

BBVA Bancomer

SWIFT/BIC:

BCMRMXMMPYM

(International deposits)

If you reside abroad, you can make a direct donation using the **SWIFT/BIC** reference provided above, or through the [GlobalGiving](https://www.globalgiving.org) platform to obtain your tax-deductible receipt.



We working in **alliance** with:



GlobalGiving

Special thanks for your generosity!

Your donation has made it possible for us to continue providing medical assistance to our communities. Your support has been essential in improving the health and well-being of those who need it the most.

Thank you again for making a difference in Mexico!



Certifications and authorizations

Nationals

- Member of the Mexican Center for the Philanthropy
- Accreditation in Organization and Transparency
- Certificate of Capacity, Quality, and Security for Medical Care, issued by the Coordination for Quality and Education in Health, from the Health Ministry of the state of Puebla
- Authorized grantee for deductible national donations. Last publication DOF January 03rd 2025
- Authorized grantee for deductible international donations. Last publication DOF January 03rd 2025



International

- Trace Anti-Bribery Compliance Solution Trace Certification ID: tc7162-5416
- Member of Global Giving
- Certificate of credibility by D&B Record number 812799196



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