



Newsletter

March 2024

LOVE FOR MEXICO

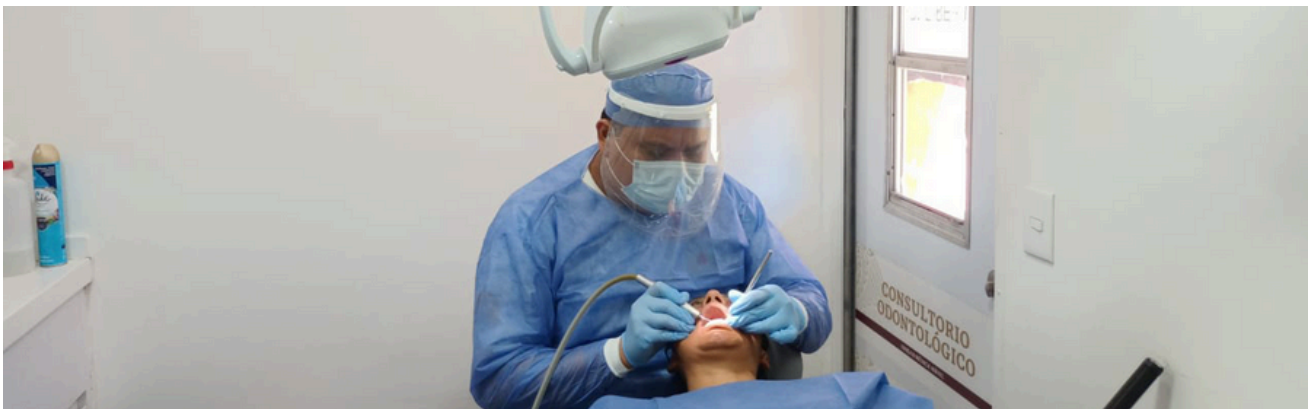
Oral Health and **Dental Care**

World Oral Health Day is celebrated in March every year. This date aims to raise awareness among the population about the importance of maintaining good oral health and promoting healthy oral hygiene practices.

Oral health is critical to overall well-being, as issues such as cavities, gum disease, and other conditions can have a significant impact on overall health, including cardiovascular health.

Maintaining good oral hygiene, including regular brushing, flossing, regular dental visits and a balanced diet, can help prevent dental disease and promote a healthy smile.

At UBGA, through the JAMG, we are committed to providing dental consultations with first-class procedures as well as our health promotion workshops where we discuss oral health issues.



During **March**

We remain steadfast in our commitment to provide medical care to the most underserved communities through our Free Medical Care Days. This month, thanks to our dedication and collective effort, we achieved the following:

- 7 localities in 1 municipality in the state of Campeche
- 10 localities in 3 municipalities in the state of Chiapas
- 16 localities in 1 municipality in the state of Guanajuato
- 10 localities in 3 municipalities in the state of Tamaulipas
- 8 localities in 3 municipalities in the state of Hidalgo
- 1 localities in 1 municipality in the state of Nuevo León
- 7 localities in 6 municipalities in the state of Puebla
- 56 localities in 9 municipalities in the state of Tabasco
- 22 localities in 4 municipalities in the state of Veracruz

Thanks to our teamwork, we provided assistance in family medicine, dentistry, nutrition, cancer screenings with mammograms, and health promotion workshops to help communities stay healthy.



Our **impact**

The Free Medical Care Days through Mobile Medical Units in the month of March attended to 16,164 people in 9 states of Mexico.

Campeche

- 796** Family medical consultations
- 1,426** Dental interventions
- 91** Ultrasound and electrocardiograms

Guanajuato

- 1,584** Family medical consultations
- 3,139** Dental interventions
- 119** Ultrasound and electrocardiograms

Hidalgo

- 717** Family medical consultations
- 1,284** Dental interventions
- 56** Ultrasound and electrocardiograms

Puebla

- 268** Family medical consultations
- 856** Dental interventions
- 29** Ultrasound and electrocardiograms

Veracruz

- 1,866** Family medical consultations
- 2,219** Dental interventions
- 150** Ultrasound and electrocardiograms

Chiapas

- 859** Family medical consultations
- 1,596** Dental interventions
- 88** Ultrasound and electrocardiograms
- 43** Detections of breast cancer

Tamaulipas

- 672** Family medical consultations
- 3,139** Dental interventions
- 84** Ultrasound and electrocardiograms

Nuevo León

- 38** Family medical consultations
- 80** Dental interventions
- 1** Ultrasound and electrocardiograms

Tabasco

- 8,146** Family medical consultations
- 13,104** Dental interventions
- 786** Ultrasound and electrocardiograms
- 900** Detections of breast cancer

Recognition of our

#LoveforMexico



"Thank you for the consultation and the medicine I received, for your generosity and care. Thank you from the bottom of my heart!"

Armando V.

(Name assigned to protect patient's privacy)

"I am deeply grateful for your support and kindness. Thank you for everything!"

Adriana R.

(Name assigned to protect patient's privacy)



"The medical attention I received at the dentist was very good, they helped me a lot. I hope they return"

Raul O.

(Name assigned to protect patient's privacy)

"The consultation they gave me was very helpful and I'm grateful they came. I hope they come back soon."

Brenda L.

(Name assigned to protect patient's privacy)



Be part of our mission



If you are looking for a way to make a real difference in the lives of vulnerable communities in Mexico, we invite you to consider making a donation to our free medical care days. Your contribution, no matter its size, can make a significant impact on the health of each individual. Make your donation through our website: www.ubga.org.mx/donations, or make a **DIRECT** donation with the following reference:

Firm name:

Un Buen Grupo de Amigos, A.C.

Clabe:

012650001990359826

Account number:

0199035982

Bank:

BBVA Bancomer

SWIFT/BIC:

BCMRMXMMPYM

(International deposits)

If you reside abroad, you can make a direct donation using the **SWIFT/BIC** reference provided above, or through the [GlobalGiving](https://www.globalgiving.org) platform to obtain your tax-deductible receipt.



We working in **alliance** with:



Special thanks for your generosity!

Your donation has made it possible for us to continue providing medical assistance to our communities. Your support has been essential in improving the health and well-being of those who need it the most.

Thank you again for making a difference in Mexico!



Certifications and authorizations

Nationals

- Member of the Mexican Center for the Philanthropy
- Accreditation in Organization and Transparency
- Certificate of Capacity, Quality, and Security for Medical Care, issued by the Coordination for Quality and Education in Health, from the Health Ministry of the state of Puebla
- Authorized grantee for deductible national donations. Last publication DOF January 18th 2024
- Authorized grantee for deductible international donations. Last publication DOF January 18th 2024



International

- Trace Anti-Bribery Compliance Solution Trace Certification ID: tc7162-5416
- Member of Global Giving
- Certificate of credibility by D&B Record number 812799196



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