



# Annual Report

## 2023



## Mission

Spread a positive way of thinking to try to generate a change towards the improvement of our communities, with an influence in values that help the integral development and life situations of people.

## Vision

To incorporate the efforts and talents of people who wish to work professionally to improve the quality of life of vulnerable groups and for the further development of communities.

# Our Values

self-esteem

*Constancy*  *ethics and honesty*

**# LOVE FOR MEXICO**

Self-efucation

Discipline 

Appreciate life

Effort  Responsibility

*Gratitude* 

Modesty

*Stake*

# 2023

We **continue**  
working in the states of



**#LOVE** FOR  
**MEXICO**



# Message from **General Management**

Dear donors, collaborators, and allies,

It is with great satisfaction that we present our Annual Report 2023.

Over the past year, we have continued our unwavering commitment to providing quality medical assistance in communities free of charge and without interruption through our humanitarian programs, such as the Free Medical Care Days (JAMG), the Health Promotion Program, and the Support Management Program in the Health Area.

The JAMG, implemented through Mobile Medical Units (UMM), brought itinerant medical assistance to the most vulnerable communities in the country. These units were equipped with advanced medical technology and a comprehensive pharmacy, ensuring effective primary care.

Simultaneously, our Health Promotion Program continued to educate communities about healthy habits through engaging workshops, reinforcing the importance of prevention through education.

Additionally, our resolute approach was also reflected in the Support Management Program in the Health Area, which provided orthoses according to medical prescriptions, significantly improving the quality of life for patients and their families.

We highlight the flexibility and adaptability of our programs, as evidenced by our response to emergencies such as the ash expulsion from the Popocatepetl Volcano and the devastation caused by Hurricane Otis in the state of Guerrero, where we provided vital assistance to the affected communities.

# Message from General Management

We renew our commitment to helping those who need it most, always guided by our values of #LoveForMexico, #AppreciationForLife, #SelfEducation, and #SelfEsteem. We sincerely thank all our collaborators, volunteers, and donors for their continued support in this noble cause. Together, we will continue making a tangible difference in people's lives and building a healthier future for all.

With gratitude,

*Francisco*

Chairman of the Board

# Objectives

- To carry out activities aimed at developing cooperative programs for community development.
- To carry out actions focused on social orientation, job training and self-employment.
- To carry out actions to provide medical health services and assistive technology for the care of social groups with disabilities, low-income and other people who are in a state of vulnerability.
- To implement actions that promote self-employment.



# Free Medical Care Days

UBGA carries out Free Medical Care Days where it provides quality health services to the population living in highly marginalized and hard-to-reach areas.

The medical care provided through this program is at the primary and secondary levels, including medical consultations, dental interventions, glucose, cholesterol, triglyceride detections, ultrasounds, and electrocardiograms.



# Free Medical Care Days 2023



- We managed to serve **118** municipalities, benefiting **210,489** people directly.



**206,407**

General medical consultations



**41,542**

Glucose test



**14,928**

Cholesterol test



**13,531**

Triglyceride test



**146,561**

Blood pressure test



**322,220**

Odontological interventions



**96,160**

Dental kits



**6,697**

Ultrasounds



**6,413**

Electrocardiogram



**12,687**

Health promotion workshop



**75,654**

Nutritional Consultation

# Free Medical Care Days Tabasco



- We managed to attend **10** municipalities, benefiting **110,909** people directly

## Municipalities

Cárdenas
Centla
Centro
Comalcalco
Cunduacán
Huimanguillo
Jalpa de Méndez
Macuspana
Nacajuca
Paraíso



**108,928**

General medical consultations



**20,066**

Glucose test



**7,096**

Cholesterol test



**6,690**

Triglyceride test



**72,586**

Blood pressure test



**170,792**

Odontological interventions



**50,234**

Dental kits



**3,273**

Ultrasounds



**3,113**

Electrocardiogram



**6,187**

Health promotion workshop



**42,859**

Nutritional Consultation









# Free Medical Care Days Chiapas



- We managed to attend **5** municipalities, benefiting **11,711** people directly

## Municipalities

Juárez
Ostuacán
Pichucalco
Reforma
Sunuapa



**11,651**

General medical consultations



**2,960**

Glucose test



**639**

Cholesterol test



**533**

Triglyceride test



**7,738**

Blood pressure test



**20,687**

Odontological interventions



**6,806**

Dental kits



**410**

Ultrasounds



**417**

Electrocardiogram



**694**

Health promotion workshop



**4,891**

Nutritional Consultation







# Free Medical Care Days Campeche



- We managed to attend **1** municipality, benefiting **13,945** people directly

## Municipality

Carmen



**13,935**

General medical consultations



**2,166**

Glucose test



**857**

Cholesterol test



**764**

Triglyceride test



**11,465**

Blood pressure test



**20,641**

Odontological interventions



**5,333**

Dental kits



**472**

Ultrasounds



**383**

Electrocardiogram



**657**

Health promotion workshop



**4,927**

Nutritional Consultation









# Free Medical Care Days Hidalgo



- We managed to attend **29** municipalities, benefiting **12,593** people directly

## Municipalities

Actopan
Ajacuba
Almoloya
Apan
Atitalaquia
Calnali
Cardonal
Francisco I. Madero
Huejutla de Reyes
Ixmiquilpan
Jaltocán
Metztitlán
Mixquiahuala de Juárez
Molango
Omitlán de Juárez

## Municipalities

Pachuca de Soto
Progreso de Obregón
San Agustín Metzquitlán
San Agustín Tlaxiaca
San Felipe Orizatlán
Tenango de Doria
Tepeji del Río de Ocampo
Tepetitlán
Tlahuelilpan
Tlanchinol
Tolcayuca
Tula de Allende
Tulancingo de Bravo
Villa de Tezontepec



**12,368**

General medical consultations



**2,288**

Glucose test



**728**

Cholesterol test



**802**

Triglyceride test



**9,579**

Blood pressure test



**20,196**

Odontological interventions



**4,454**

Dental kits



**357**

Ultrasounds



**372**

Electrocardiogram



**468**

Health promotion workshop



**6,205**

Nutritional Consultation









# Free Medical Care Days Mexico state



- We managed to attend 2 municipalities, benefiting 848 people directly

## Municipalities

Jilotepec
Soyaniquilpan



**848**

General medical consultations



**185**

Glucose test



**95**

Cholesterol test



**0**

Triglyceride test



**598**

Blood pressure test



**1,443**

Odontological interventions



**343**

Dental kits



**29**

Ultrasounds



**26**

Electrocardiogram



**0**

Health promotion workshop



**689**

Nutritional Consultation







# Free Medical Care Days Veracruz



- We managed to attend **27** municipalities, people directly benefiting **29,825**

## Municipalities

Acayucan
Álamo Temapache
Castillo de Teayo
Cerro Azul
Chicontepec
Chinameca
Chontla
Coatzacoalcos
El Higo
Ixhuatlán de Madero
Jesús Carranza
Mecayapan
Naranjos
Naranjos Amatlán

## Municipalities

Ozuluama
Pajapan
Pánuco
Platón Sánchez
Sayula de Alemán
Soteapan
Tamalín
Tampico Alto
Tancoco
Tántima
Tepetzintla
Tihuatlán
Uxpanapa



**29,490**

General medical consultations



**5,307**

Glucose test



**1,481**

Cholesterol test



**1,364**

Triglyceride test



**22,470**

Blood pressure test



**38,383**

Odontological interventions



**12,285**

Dental kits



**834**

Ultrasounds



**898**

Electrocardiogram



**1,660**

Health promotion workshop



**7,982**

Nutritional Consultation







# Free Medical Care Days Tamaulipas



- We managed to attend **10** municipalities, benefiting **9,249** people directly

## Municipalities

Altamira
Burgos
Ciudad Madero
Ciudad Victoria
H. Matamoros
Méndez
Reynosa
Río Bravo
San Fernando
Tampico



**9,235**

General medical consultations



**2,064**

Glucose test



**700**

Cholesterol test



**566**

Triglyceride test



**6,640**

Blood pressure test



**13,636**

Odontological interventions



**3,856**

Dental kits



**260**

Ultrasounds



**301**

Electrocardiogram



**518**

Health promotion workshop



**3,345**

Nutritional Consultation







# Free Medical Care Days Nuevo León



- We managed to attend **10** municipalities, benefiting **3,823** people directly

## Municipalities

Cadereyta Jiménez
China
Doctor Coss
General Bravo
Guadalupe
Los Aldamas
Los Herreras
Los Ramones
Monterrey
Santa Catarina



**3,805**

General medical consultations



**1,014**

Glucose test



**187**

Cholesterol test



**210**

Triglyceride test



**2,726**

Blood pressure test



**6,201**

Odontological interventions



**1,754**

Dental kits



**161**

Ultrasounds



**167**

Electrocardiogram



**237**

Health promotion workshop



**688**

Nutritional Consultation









# Free Medical Care Days Guanajuato



- We managed to attend **7** municipalities, benefiting **10,980** people directly

## Municipalities

Celaya
Irapuato
León
Salamanca
Salvatierra
San Francisco del Rincón
Valle de Santiago



**10,888**

General medical consultations



**1,915**

Glucose test



**442**

Cholesterol test



**476**

Triglyceride test



**8,056**

Blood pressure test



**16,928**

Odontological interventions



**4,080**

Dental kits



**338**

Ultrasounds



**347**

Electrocardiogram



**1,747**

Health promotion workshop



**4,068**

Nutritional Consultation









# Free Medical Care Days Puebla



- We managed to attend **12** municipalities, benefiting **4,120** people directly

## Municipalities

Amozoc
Atlixco
Cuautinchán
Huejotzingo
Ocoyucan
Puebla
San Martín Texmelucan
San Nicolás de los Ranchos
Tecali de Herrera
Tecamachalco
Tlahuapan
Tochtepec



**3,176**

General medical consultations



**2,624**

Glucose test



**1,890**

Cholesterol test



**1,565**

Triglyceride test



**2,965**

Blood pressure test



**9,027**

Odontological interventions



**4,963**

Dental kits



**437**

Ultrasounds



**367**

Electrocardiogram



**219**

Health promotion workshop









# Free Medical Care Days Tlaxcala



- We managed to attend **3** municipalities, benefiting **1,117** people directly

## Municipalities

Altzayanca
Nativitas
Tepetitla de Lardizábal



**847**

General medical consultations



**790**

Glucose test



**746**

Cholesterol test



**557**

Triglyceride test



**825**

Blood pressure test



**2,674**

Odontological interventions



**1,459**

Dental kits



**116**

Ultrasounds



**20**

Electrocardiogram



**83**

Health promotion workshop







# Free Medical Care Days Guerrero



- We managed to attend **2** municipalities, benefiting **1,369** people directly

Municipality
Acapulco
Coyuca de Benítez



**1,236**

General medical consultations



**181**

Glucose test



**67**

Cholesterol test



**4**

Triglyceride test



**913**

Blood pressure test



**1,612**

Odontological interventions



**593**

Dental kits



**10**

Ultrasounds



**2**

Electrocardiogram



**217**

Health promotion workshop









# Free Medical Care Days with Mammograms

In Un Buen Grupo de Amigos, we are committed to women's health. That's why our free medical care days, including mammograms, help us detect breast cancer early in women from high-marginalization communities. We know that early detection is key to saving lives and preventing further complications.



# Free Medical Care Days with Mammograms 2023



- We managed to attend **25** municipalities, benefiting **17,331** people directly



**15,907**

Blood pressure  
test



**4,950**

Ultrasounds



**1,243**

Health promotion  
workshop



**15,367**

Detections of  
Breast Cancer  
with Mammography



**17,331**

Deliver Results



**15,907**

Breast Cancer  
Prevention  
Information Material

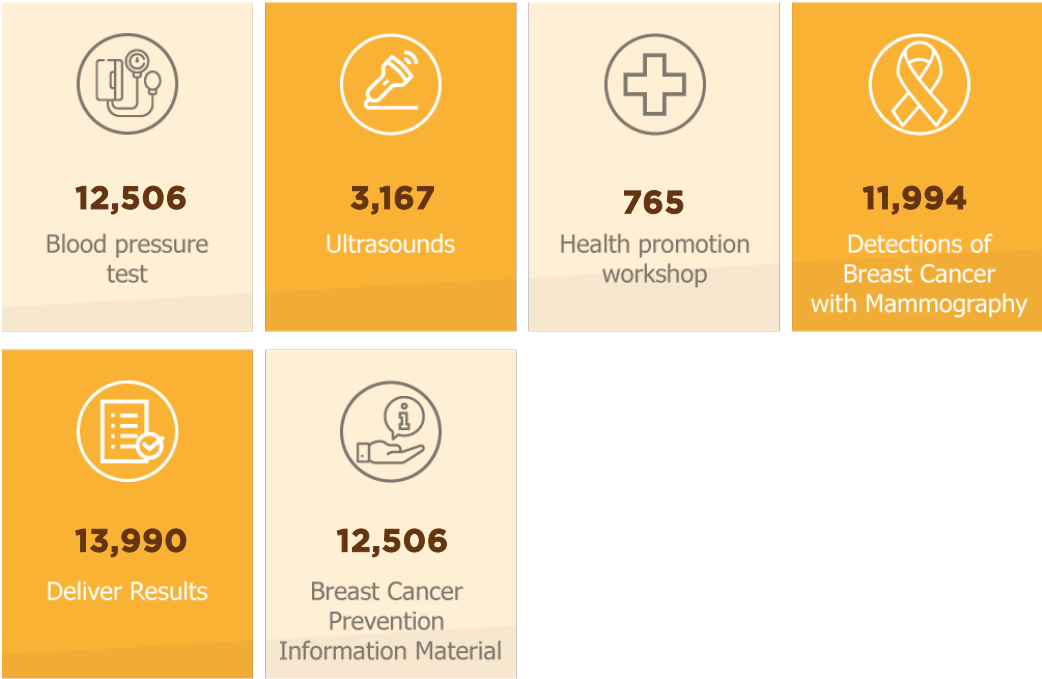
# Free Medical Care Days with Mammograms Tabasco



- We managed to attend **16** municipalities, benefiting **13,990** people directly

Municipalities
Balancán
Cárdenas
Centla
Centro
Comalcalco
Cunduacán
Emiliano Zapata
Huimanguillo
Jalapa
Jalpa de Méndez

Municipalities
Jonuta
Macuspana
Nacajuca
Tacotalpa
Teapa
Tenosique









# Free Medical Care Days with Mammograms Chiapas



- We managed to attend **8** municipalities, benefiting **2,101** people directly

Municipalities
Chapultenango
Ixacomitán
Ixtapangajoya
Juárez
Ostuacán
Pichucalco
Reforma
Sunuapa



**2,124**

Blood pressure  
test



**1,254**

Ultrasounds



**304**

Health promotion  
workshop



**2,102**

Detections of  
Breast Cancer  
with Mammography



**2,101**

Deliver Results



**2,124**

Breast Cancer  
Prevention  
Information Material









# Free Medical Care Days with Mammograms Campeche



- We managed to attend **1** municipality, benefiting **1,240** people directly

Municipality
Carmen



**1,277**

Blood pressure  
test



**529**

Ultrasounds



**174**

Health promotion  
workshop



**1,271**

Detections of  
Breast Cancer  
with Mammography



**1,240**

Deliver Results



**1,277**

Breast Cancer  
Prevention  
Information Material







# Health area support management

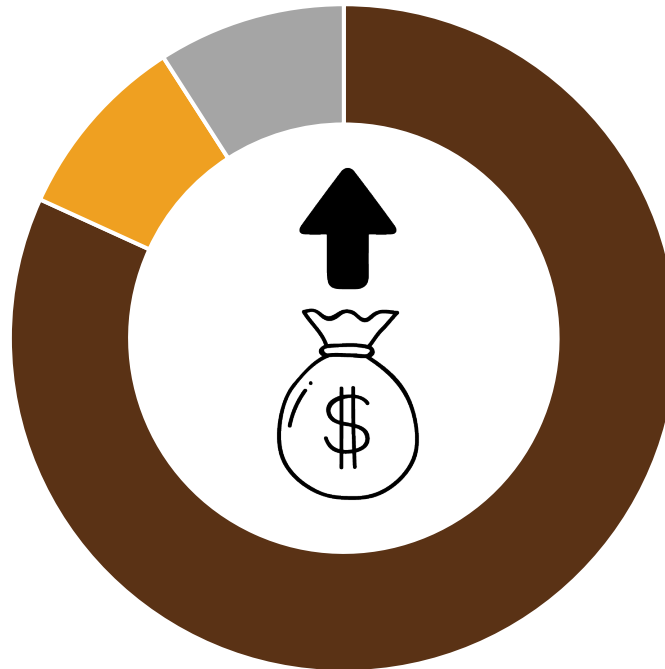
Through this program, we help people overcome barriers that prevent them from leading a fulfilling life by providing specialized devices tailored to their needs. This year, we managed to deliver: 15 wheelchairs, 1 therapeutic cushion.





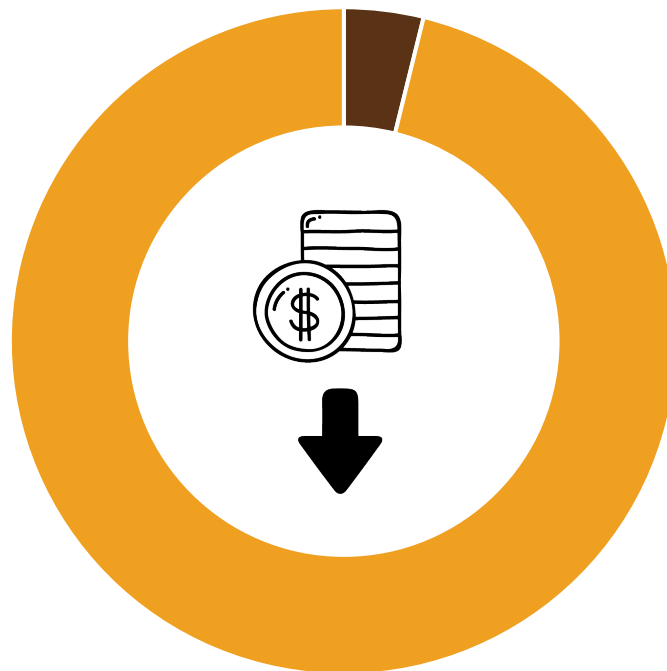


# Income 2023



■ Other income    ■ Domestic cash donations    ■ Foreign cash donations

# Expenses 2023



■ Administrative expenses 2.85% ■ Operating expenses 97.15%



# SUSTAINABLE DEVELOPMENT GOALS

All of our programs are based on the achievement of the first UN Sustainable Development Objective which is the End of Poverty.

UBGA Social Programs are lined up for the achievement of Objective 3, Health and Well-being. Our programs are: Free Medical Care Days, Health Promotion Program, Children Health Care Days, Health Support Management and Uniting Efforts.

In addition, UBGA Economic Programs are lined up for the Quality Education Objective 4 achievement. Our programs are: I am Self-Employed, Generating Synergy, Productive Assistance, Watch, Act and Learn and Life Challenges and Opportunities.



# Certifications and Authorizations

- Member of the Mexican Center for the Philanthropy
- Accreditation in Organization and Transparency
- Trace Anti-Bribery Compliance Solution Trace Certification ID: tc7162-5416
- Member of Global Giving
- Certificate of credibility by D&B Record number 812799196
- Certificate of Capacity, Quality, and Security for Medical Care, issued by the Coordination for Quality and Education in Health, from the Health Ministry of the state of Puebla
- Recognition by the LXV Legislature of the Republic Sanate for our vocation for service and solidarity work.
- Authorized grantee for deductible national donations. Last publication DOF January 18th 2024
- Authorized grantee for deductible international donations. Last publication DOF January 18th 2024



# Contact **UBGA**

BUSINESS NAME

**UN BUEN GRUPO DE AMIGOS A.C.**

START OF OPERATIONS

**17 DE MARZO DE 2005**

DATE OF INCORPORATION

**17 DE OCTUBRE DEL 2011**

PHONE NUMBER

**+52 222 211 27 88**

FTR

**UBG111017M91**

CLUNI

**UBG1110172101A**

**NATIONAL AND FOREIGNER AUTHORIZED  
GRANTEE**

(Publication DOF January 18th 2024)

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